



Godavari Foundation

DR.KETKI PATIL COLLEGE OF NURSING, JALGAON

Department of Physical Education and Sports

Activity Report

INSTITUTE:	Dr.Ketki Patil College of Nursing
DEPARTMENT:	Physical Education and Sports
ACTIVITY TYPE:	International Yoga Day -2025
DATE:	21/06/2025 Duration: 3 Hours
YEAR & CLASS	All faculties and First Year GNM and Second Year GNM
NO OF PARTICIPANTS	40
CORDINATOR:	Mr.Chandrashekar D.
DESIGNATION:	Assistant Professor
CONTACT DETAILS	8668360585


Details about the activity: International Yoga day was organized by department of Physical Education and Sports on 21/06/2025 with the collaboration of group of Health Institutions under Godavari Foundation in Sara Sports Complex.

The theme for IYD 2025- ***Yoga for one earth, One Health***

Outcome/Feedback:

It raised the awareness about:

- ✓ **Impact of yoga on heath of individual:** Yoga has wide range of benefits that impact physical, mental, and emotional well-being. Regular practice can improve flexibility, strength, and posture, while also reducing stress, anxiety, and chronic pain. Yoga enhances mindfulness, improves sleep, and promotes overall vitality, contributing to a more balanced and fulfilling life.


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GEOTAGGED PHOTOS



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Attendance: International Yoga day-2025

SR.NO	NAME OF PARTICIPANT	FACULTY/STUDENT	SIGNATURE
1.	MS. Kirti Ohale	Faculty Nursing	Kirti
2.	MS. Priya Khadse	Faculty Nursing	Priya
3.	MS. Jayshri Hattimale	Faculty Nursing	Jayshri
4.	MS. Akansha Zine	Faculty Nursing	Akansha
5.	MS. Asmita Junde	Faculty Nursing	Asmita
6.	MS. Prii Gaikwad	Faculty Nursing	Prii
7.	MS. Manjini Madavi	Faculty Nursing	Manjini
8.	MS. Amruta Hoke	Faculty Nursing	Amruta
9.	MS. Prajita Sawarkar	Faculty Nursing	Prajita
10.	MS. Mansi Kumar	Faculty Nursing	Mansi
11.	MS. Laxmi Borela	Student 1st yr GNM	Laxmi
12.	MS. Sapna Bansode	Student 1st yr GNM	Sapna
13.	Mr. Tejal Patil	Student 1st GNM	Tejal
14.	MS. Neharika Patil	Student 1st GNM	Neharika
15.	MS. Vaishnavi Kapde	Student 1st GNM	Vaishnavi
16.	MS. Sayana Borela	Student 1st GNM	Sayana
17.	MS. Vaishali Chauhan	GNM 1st yr	Vaishali
18.	MS. Samiksha Dorande	GNM 1st	Samiksha
19.	MS. Khushi Gaikwad	GNM 1st	Khushi
20.	MS. Samiksha Gajriye	GNM 1st	Samiksha
21.	MS. Anandi Gavit	GNM 1st	Anandi
22.	MS. Dipar Giradkar	GNM 1st	Dipar
23.	MS. Komal Gurav	GNM 1st	Komal
24.	MS. Manisha Tadhar	GNM 1st	Manisha
25.	MS. Rushali Joge	GNM 1st	Rushali
26.	MS. Radhika Kale	GNM 1st	Radhika
27.	MS. Shivani Moon	GNM 1st	Shivani
28.	Mr. Abhijit Sonawane	GNM 1st	Abhijit
29.	MS. Neha Patil	GNM 1st	Neha
30.	MS. Sayani Shivale	GNM 1st	Sayani
31.	MS. Archana Vavi	GNM 1st	Archana
32.	MS. Suhani Lokhande	GNM 2nd	Suhani
33.	MS. Manarwi Gavit	GNM 2nd	Manarwi
34.	MS. Chaitali Koli	GNM 2nd	Chaitali
35.	MS. Tanusha Pohane	GNM 2nd	T. Pohane

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36.	MS. Samrudhi Madaei	GNM 2nd	Samrudhi
37.	MS. Apeksha Hathichile	GNM 2nd	prachi
38.	MS. Khushi Kati	GNM 2nd	khushi
39.	MS. Mayuri Mali	GNM 2nd	Mayuri
40.	MS. Prachi Sautenke	GNM 2nd	prachi


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